

Arizona's Story

Every Business Making every day count.

Our care is absolutely free of charge and that's only possible because of the support from businesses like yours.

With your help, we can continue to make every day count for children, young people and adults across Essex.



"Little Havens has given us the validation that what we're feeling at any given time is okay."

Arizona is a cheeky, curious boy who, in a lot of ways, is just a regular 4-year-old boy. However, he was born with five brain abnormalities and diagnosed with multiple life-long conditions, which means he needs 24/7 care and relies on his parents for everything.

After struggling with not getting enough rest and sleep to meet his needs, Arizona and his parents Deborah and Adam were referred to Little Havens. For Arizona's family, Little Havens gives them all something to look forward to, reassurance, and acts as their safety net.







