



## Health & Safety Training Competent person confined spaces (JSP 375)

Our **health & safety** training has been developed to meet the needs of estates teams working in the healthcare environment, with courses for Responsible Person roles for **COSHH** and **asbestos**, plus **IOSH training**.

### Is this course for you?

It is aimed at operatives who may need to carry out a medium risk confined space entry which will require the use of gas monitoring and will require the carrying of escape breathing apparatus (ie. foul and storm water sewerage systems).

This course delivers classroom and practical instruction and follows the principles laid down in the National Occupational Standards EUSCS02 Working in medium risk confined spaces. It will involve the presence of one or more people, positioned outside the confined space, who have designated responsibilities for controlling the entry into the confined space. This may involve vertical entry using a ladder and fall arrest/recovery winch or man-riding winch and harness. It can also involve horizontal entry, such as walking or climbing into the confined space or working away from the bottom of a vertical entry, with limited use of a rescue lines.

### Course aim

On completion of the course, delegates should be able to identify typical confined spaces, understand the risks that may be present or introduced and ensure that appropriate control measures and equipment are in place prior to entering a medium risk confined space.

### Objectives

- Confined spaces and their environments
- Equipment and tools including Escape Breathing Apparatus (EBA)
- Working with others
- Dealing with emergencies
- Medium risk confined space working environments
- Working safely (Safe system of work)
- Dealing with emergencies
- MoD Chapter 6 Safety Rule Book (MoD courses only)
- Prepare to enter and work safely in medium risk confined spaces
- Enter and exit a confined space safely
- Using EBA, equipment and tools safely and in accordance with manufacturers' specifications
- Following procedures and working safely
- Deal with a practical emergency

### Pre-requisites

Practical training on the use of gas monitors, harnesses, tripod, winch, escape breathing apparatus (EBA) and self-contained breathing apparatus (SCBA) will be delivered during this course. Learners attending this course will be requested to complete a self-certification fitness questionnaire as it is important that learners are free of any condition that might adversely affect their health.

### Morsafe Limited

This course will be delivered by Morsafe Limited on behalf of Eastwood Park. Morsafe are a small, progressive company established in 2005 that specialise in delivering quality safe systems training.

50+ years of world-class training

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